

10 million live landmines buried in Afghanistan (Save the Children)
 7.5 million Afghans need aid to survive (UN World Food Program)
 4.7 Million refugees (Human Rights Watch)
 One quarter of children born in Afghanistan die before their 5th birthday



WHY SHOULD I GIVE A DONATION TO THE 'SAVE A NATION' APPEAL?

We are collecting on behalf of Islamic Relief, a UK registered charity with offices in Afghanistan. Through its Pakistan office the charity has been working in Afghanistan since 1992. So far, substantial amounts of aid have reached those who need it.

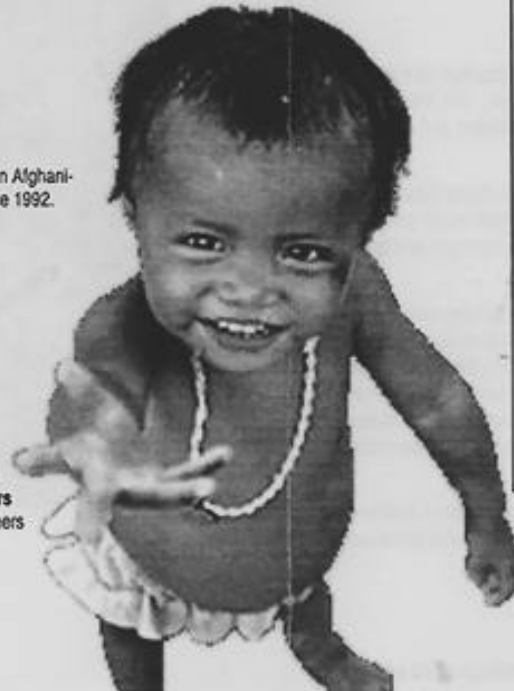
More is on its way.

But much more is needed.

WHO WILL BENEFIT?

The main recipients will be vulnerable families displaced by drought and terror. Food, hygiene kits and water containers will go some way to ensure that women, children and the elderly are able to maintain a basic level of hygiene and nutrition. The charity will pay particular attention will given to the views of mothers and the elderly about the needs of families. Groups of able-bodied camp volunteers will be engaged in camp maintenance.

Thank you for your help



one	al fatihah (the opening) <i>recitation by suhab fatmy</i>	0:35
two	the ninety nine names of Allah	3:09
three	spring of tasnim (heavenly fountain)* <i>vocals by senad podgac, lyrics by dzenaludin latic</i>	6:16
four	oh lord, that you grant me heaven <i>performed by the 11th at marylebone muslim scout group</i>	2:12
five	ya ramadhan <i>al atissam</i>	7:20
six	lord i am at your gate <i>al atissam</i>	3:29
seven	la'ila'illa Allah (there is no god but god) <i>yusuf islam</i>	1:37
eight	afghanistan <i>anonymous dedication to the plight of the afghan people</i>	5:56
nine	ghuraba'a (strangers) <i>sa'ad al-ghaemidee</i>	4:37
ten	surah ar rahman (the most merciful) <i>recitation by shahk as-sodie</i>	9:08
eleven	our guide is the qur'an <i>yusuf islam</i>	1:25
twelve	adhan (the call to prayer)* <i>'courtesy of 'mountain of light productions'</i>	3:24
thirteen	laila <i>performed by the 11th at marylebone muslim scout group</i>	1:44

VOICES OF THE UMMAH

Imperial College Union Islamic Society
 with FOSIS, Mawar Restaurant (Edgware Road), Mountain of Light Productions

For more information visit
www.mountainofflight.com